

BIKE RIDES IN THE ILLAWARRA AND ENVIRONS

FROM WOLLONGONG AND NORTHERN SUBURBS

STUART PARK TO THIRROUL	Km	30	Hrs	3	Grade	1
Mainly on cycle tracks. Wonderful coastal scenery. A few easy hills in and out of Thirroul.						
UNANDERRA TO BERKELEY	Km	40	Hrs	3.5	Grade	2
Via Port Kembla to Hooka Point Park. Mainly bike track, busy section through Warrawong.						
WOLLONGONG TO WINDANG	Km	38	Hrs	3	Grade	2
Mainly on bike tracks, some quiet streets. Ocean views at Port Kembla and Windang.						
WOLLONGONG TO PORT KEMBLA	Km	30	Hrs	3	Grade	2
Starts at Swan Street, Coniston, mainly cycle track. Ocean and industry views. Optional ride up Hill 60.						
AUSTINMER TO PORT KEMBLA	Km	25	Hrs	5	Grade	2
Direction may change depending on wind. Visiting pools for a swim along the way. Return by train.						

FROM ALBION PARK RAIL (WILSON MEMORIAL PARK)

BRIDGE TO BARRACK POINT	Km	28	Hrs	3	Grade	1
Cycleway and quiet back streets around Lake Illawarra to Warilla for coffee then return.						
ALBION PARK RAIL TO SHELLHARBOUR	Km	30	Hrs	3	Grade	2
Cycleway and quiet back streets. Lake Illawarra, Barrack Point to Shellharbour & return.						
ALBION PARK RAIL TO KILLALEA	Km	40	Hrs	4	Grade	2
Long ride, mainly cycle tracks. Via Lake Illawarra, Barrack Point, Shellharbour & Shellcove to Killalea, then return.						

FROM BERKELEY (FISH & CHIPS, NORTHCLIFFE DRIVE)

BERKELEY TO WARILLA	Km	30	Hrs	3	Grade	1
Cycleways, quiet back streets. Around Lake Illawarra to Warilla for coffee then return.						
BERKELEY TO BOONERAH POINT	Km	30	Hrs	3	Grade	1
Mainly bike track, some quiet streets. Lake views.						
BERKELEY TO WINDANG	Km	30	Hrs	3	Grade	1
To Windang Surf Club, back to MM Beach via Port Kembla Surf Club. Return via back streets.						
BERKELEY TO PORT KEMBLA	Km	30	Hrs	3	Grade	2
A few easy hills. Optional ride up Hill 60. Return via Warrawong.						
BERKELEY TO SHELLHARBOUR	Km	38	Hrs	3	Grade	2
Cycle paths and quiet streets. Via Warilla and Barrack Point to Shellharbour then return. Ocean & mountain views.						
BERKELEY TO BASS POINT QUARRY	Km	40	Hrs	3	Grade	2
Mostly on tracks. Via Warilla, Barrack Point and Shellharbour/Shellcove. Coffee at Shellharbour, then return.						
AROUND LAKE ILLAWARRA	Km	42	Hrs	5	Grade	3
Includes short distance on motorway, then through Kanahooka and Yallah to Albion Park and around the Lake.						

FROM OAK FLATS (SKI CLUB) OR WINDANG (KIOSK)

TO SHELLHARBOUR	Km	25	Hrs	4	Grade	2
Via Warilla Beach and Barrack Point to Shellharbour for coffee and return. Coastal views.						
TO PORT KEMBLA	Km	25	Hrs	3	Grade	2
Cycle paths and roads, a few hills, lake and ocean views.						
TO KILLALEA	Km	30	Hrs	4	Grade	2
Via Warilla Beach, Barrack Pt, Shellharbour & Shellcove to Killalea and return. Ocean views.						

FROM DAPTO

DAPTO TO WONGAWILLI	Km	26	Hrs	3	Grade	2
Lakeside Drive Reserve, Kanahooka via Dapto to Wongawilli then return. Mostly cycle tracks, some quiet roads.						
DAPTO TO HORSLEY	Km	25	Hrs	2	Grade	3
Lakeside Drive Reserve, via Tallawarra Power Stn, Huntley Road, to Cloverdale Road then back through Horsley.						

KIAMA AREA				
DUNMORE TO KIAMA	Km	22	Hrs	4 Grade 2
Follow cycle track from Dunmore to Minnamurra and then on to Kiama for coffee. Several hills, lovely views.				
MINNAMURRA TO KIAMA	Km	18	Hrs	4 Grade 2
Moderate to hard. Steep in places. Very scenic.				
MINNAMURRA TO KENDALLS BEACH	Km	25	Hrs	3 Grade 2
Coastal track with some quiet streets. Coast track Kiama to Kendall's Beach and Bonaira Gds. Spectacular views.				
BERRY & SOUTH COAST				
BERRY AND ENVIRONS	Km	35	Hrs	3 Grade 2
Cycle quiet country roads with some gently undulating hills. Coffee/lunch at Berry. Train transport available.				
HUSKISSON TO SANCTUARY POINT	Km	22	Hrs	3 Grade 2
Lovely views at Huskisson Beach. Mainly cycle ways. Coffee Sanctuary Point.				
SOUTHERN HIGHLANDS				
BUNDANOON - EXETER CIRCUIT	Km	25	Hrs	3 Grade 2
Scenic countryside. Mainly level. Some dirt roads.				
BOWRAL TO MOSS VALE	Km	38	Hrs	4 Grade 2
Mainly cycle tracks, through Bowral and along Bong Bong track to Moss Vale.				
KANGAROO VALLEY TO FLAT ROCK	Km	25	Hrs	3 Grade 2
Cycle path and quiet roads in the Upper Kangaroo Valley. Undulating.				
SYDNEY AREA				
WOLLI CREEK TO HOMEBUSH PARK	Km	38	Hrs	4 Grade 2
Mainly level ride on bike path along Cooks River, then through Strathfield to Homebush..				
SUTHERLAND TO ILLAWONG	Km	32	Hrs	4 Grade 2
Mainly bike paths, some hills. Spectacular view over Woronora River.				
LIVERPOOL TO WOLLI CREEK VIA PARRAMATTA	Km	55	Hrs	6 Grade 2
Train Macarthur to Liverpool. Bike path to Parramatta, Olympic Park and Wollie Creek. Return by train to Liverpool.				
AROUND LAKE NARRABEEN	Km	30	Hrs	7 Grade 2
Train and ferry to Manly. Mostly bike track to Narrabeen Lakes for lunch, some hills.				
MOUNT ANNAN	Km	28	Hrs	3.5 Grade 2
Mainly on undulating one-way road, little traffic. Beautiful views.				

This list is a compilation of bike rides organised by the Illawarra Ramblers Club over the last several years. The activities are only briefly described. More detailed information can be obtained from bicycle user groups, Councils, NSW Roads and Maritime Services and the internet.